## Child and Youth Care

A Journal for Those Who Work With Children and Youth at Risk and Their Families

Learning to Cope with Stresses and Strains of Adolesence By Gisela Konopka

Management of HIV-infected Children By Prof. FJ Veldman Child and Youth Care Leadership and the Age of Quantum Physics By Sylvia James



## Snakes and Ladders

### Merle Allsopp

Undoubtedly child and youth care work has made tremendous strides towards being recognized as a professional endeavour in the postapartheid South Africa. As we look back over this period, we can see that every now and then something happened that particularly made us feel we had arrived as a profession! The IMC document on the interim policy recommendations for the child and youth care system clearly articulated the role of the child and vouth care worker for the first time in an official policy document, and in the game of transformation 'Snakes and Ladders' this was a long ladder. Child and youth care shot up along the path of professional recognition with this publication - as it did when the ex Social Work Act was amended to allow for the registration of social service occupational groups other than social work. The field had to apply for recognition as a separate autonomous group, in terms of this amended legislation (then called the Social Services Professions Act). The application made on behalf of the field was successful, and up we shot on yet another ladder.

For a while the 'snakes' in this game of Snakes and Ladders that is our journey towards professionalsing the field were few. We seemed to be progressing steadily with few setbacks. Some were impatient that progress was slow, but soon we held our election for the selection of members to represent the field on the Professional Board for Child and Youth Care, and this was another 'ladder'. Up and on we went.

The first inkling that things were not going to be as smooth as we thought occurred late last year, when a national conference organized by the South African Council for Social Service Professions (SACSSP), and the Department of Social Development was inaccessible to most child and youth care workers, and, despite its theme of interdisciplinary connection, focused primarily on social work as such. This indicates that child and youth care clearly still has a long way to go in taking a place as an 'equal' social service profession. A 'snake' to be sure!

But right now our profession is poised on the precipice of a long and dangerous 'snake' that could set us back on this journey. A document entitled "Service Delivery Model for Developmental Social Services" recently compiled by the Department of Social Development - the national department that is – seems to completely disregard previous benchmarks on the path of professionalisation of child and youth care, and limit the contribution of the field to "assistant personnel". One statement is cause for great alarm: "[t]here are other categories of personnel that provide support services to social service workers such as social auxiliary workers, child and youth care workers and other paraprofessionals. Their functioning is defined within the context of social work" (italics mine).

This document as it stands flies in the face of our acceptance by the SACSSP as a separate and autonomous occupational group. It flies in the face of the effort by so many in the field to obtain professional qualifications. It flies in the face of the respectable, professional and complex work being undertaken by so many child and youth care workers right now in the life-space of children, youth and their families. At a time in our country when we are deliberately creating opportunities for the development of a skilled work force, this policy (fortunately still in draft form) limits the long-held aspirations of our field towards professional standards of practice, recognition and status. If we are to journey on to achieve the level of recognition that we believe is necessary - in order to better serve children and youth - we must act now avoid a 'snake' of this sort.

A Draft copy of the Service Delivery Model for Developmental Social Services document can be downloaded from the website <a href="www.socdev.gov.za">www.socdev.gov.za</a>. Click on documents then 2004. Alternatively obtain the document from the Dept. of Social Development. Please send comments to Ms Bernice Hlagala Director: Service Standards, National Department of Social Development. Contact details: Tel: 021- 3127430

Fax: 012-312 7573 or e-mail <a href="mailto:bernice.hlagala@socdev.gov.za">bernice.hlagala@socdev.gov.za</a>.

Nomathembe.kela@socdev.gov.za

NACCW
ANTONAL ASSOCIATION OF CHEL CARE WORKE

The National Association of Child Care Workers is an independent, non-profit organisation in South Africa which provides the professional training and infrastructure to promote healthy child and youth development and to improve standards of care and treatment for troubled children and youth at risk in family, community and residential group care settings.

National Executive Chairman

Mr. Francisco Cornelius, NHCRCC 43 Victoria Street, Bloemfontein 9301 Tel: 051 444 2046; Cell: 083 548 7543 email: francisco@shisas.com

Regional Chairpersons

Nazii Finch, Barie Lodge, Rosaline Claasen, Advocate Saunders, Pat Heyman, Mark Gamble, Harold Slabbert, Mvuyo Manyungwana, Lesiba Hennock Bapela, Donald Nghonyama.

Professional Staff

Director:
Merle Allsopp BA. HDE, NHCRCC.
P.O. Box 36407, Glosderry 7702
Tel: 021 762 6076, Fax: 021 762 5352
e-mail: merle@naccw.org.za

Deputy Director: Zeni Thumbadoo, BA Social Work P.O. Box 17279, Congella 4013. Tel: 031 201 7707, Fax 031 201 7754 e-mail: zeni@naccw.org.za

Consultant: Sabitha Samjee P.O. Box 751013, Garden View, 2047 Tel: 011 484 1512, Fax: 011 484 2928 e-mail: naccwjb@iafrica.com

Training manager/Consultant: Kathy Scott B.Soc.Sc (Social Work) PO Box 36407, Glosderry 7702 Tel: 021 762 6076, Fax: 021 762 5352 e-mail: kathy@naccw.org.za

Regional Secretaries

Darlene Cigamony Tel: 082 938 6246

Kwazulu-Natal Pam Peter Tel: 033 501 1620

Border Beatrice Cross PO Box 482. King Williams Town 5600 Tel: 043 642 1932 Cell: 083 998 4793 email: kwtcycc@border.co.za

Western Cape Eddie Thesen Tel: 073 387 7311

Eastern Cape Alet Pretorius Protea Place of Safety, P.O. Box 13383, Humewood 6013 Tel: 041 585 8577 Fax: 041 586 4829 Cell: 082 334 5263 Email: alet@proecape.gov.za

Southern Cape Jonathan Gelderbloem Masizame Shelter, P.O. Box 2026 Plettenberg Bay 6600 Tel: 044 533 6640

Northern Cape Margaret Van Wyk P.O. Box 985 Kimberley 8300 Tel: 053 872 1010

Micky Maraba Tel: (w) 056 212 3445 or 083 922 0029

North Eastern Cape Noni Xengana, Mzomtsha Children's Home Tel: 047 568 0049 Cell: 082 749 2928

Limpopo Bridget Ramaite Tel: 083 5622300

NPO No: 022-979 Web site: www.naccw.org.za e-mail: headoffice@naccw.org.za

CHILD & YOUTH CARE ISSN 0258-8927 is a non-commercial and private subscription journal, formerly published in Volumes 1 − 13 (1983 to 1995) as The Child Care Worker. Copyright©The National Association of Child Care Workers. EDITORIAL: PO Box 36407, Glosderry 7702 South Africa. e-mail: headoffice@naccw.org.za Telephone: (021)762-6076 Fax:(021) 762-5352. CHILD & YOUTH CARE is published on the 25th of each month except December. Copy deadline for all material is the 10th of each month. Subscriptions: Individual Membership of NACCW is R50.00 p.a. which includes a free copy of the journal. Non-members, agency or library journal subscriptions: R50.00p.a. post free. Commercial advertising. R312 per page pro rata, Situations Vacant/Wanted advertisements for child and youth care posts are free to Corporate and Individual Members. All enquiries, articles, letters and new subscriptions may be sent to the above address.

EDITORIAL BOARD: Merle Allsopp BA, HDE, NHCRCC; Annette Cockburn LTCL, Dip.Ad.Ed.(UCT), Pumla Mncayi BA (SW), Alfred Harris (N.Dip: Child and Youth Development), Sonja Giese B.Sc (Hons) Psych, Jacqui Gallinetti BA, LLM(UCT), Adv. Ann Skelton, Vincent Hlabangana (N.Dip: Child and Youth Development), Sandra Oosthuizen Cert. C&YCW (UNISA)

Cover picture © Benni Gool

# TREATMENT NOW!

© Benni Gool



© Otherwise media

Disclaimer: The views and opinions expressed in this journal are not necessarily that of the NACCW and Editorial Board.

## Contents

ISSN 0258 - 8927 • VOLUME 23 No. 2 • FEBRUARY • 2005

Merle Allsopp	2
Learning to Cope with Stresses and Strains of Adolesence Gisela Konopka	4
Famous Practice Hints Brian Gannon	10
Young People in the Media	12
"My Life Journey From A Gang Leader To A Child and Youth Care Worker" Raymond Maroping Long	13
Child and Youth Care Leadership and the Age of Quantum Physics Sylvia James	14
The Treatment of Adolescent Sex Offenders: Growth Promoting Premises of Residential Care Grant Charles and Jennifer Collins	16
Where to for Secure Care? Nkwapa Moloto	18
Countering Prejudice and Discrimination Activities  Edna Rooth	20
Management of HIV-infected Children Prof. FJ Veldman	22
Financial Management Vanessa Rockey	24
Personality Profile Lesiba Molepo	25
Answering Questions from the SAQA Workshops Sandra Oosthuizen	26
Lazy Reflections On Laziness  Jackie Winfield	27

