

The background features abstract, overlapping geometric shapes in various shades of green, ranging from light lime to dark forest green. The shapes are primarily triangles and polygons, creating a dynamic, layered effect. The overall composition is clean and modern, with the text centered in a white space.

# Resiliencies Disguised as Problems: Finding Value in Difficult Situations

NACCW 20<sup>th</sup> Biennial Conference

Presenters - Jack Phelan and Andy Leggett

# Safety

- ▶ Youth and families are often in distress when we begin to work with them and they need to be safe first.
- ▶ Safety just creates a useful learning environment, it does not really create learning or change.
- ▶ CYC staff often focus on safety because it keeps the environment under control.
- ▶ We need to be comfortable with “enough safety” and not overdo it.

# Logic

- ▶ Each person has a logical perspective
- ▶ My logic is the right way to think
- ▶ The youth and families we support have a very different logic
- ▶ Neither of us is actually right
- ▶ My goal is to understand the logic you are using

# Advice and Logical Reasons

- ▶ Neither of these is helpful, Why not ?
- ▶ Logical consequences, What does this really mean ?
- ▶ If you only saw things the way I do, you would agree with me.
- ▶ The youth and family believe this too.
- ▶ Both sides believe that they know better, which is actually true.

# Listen and Learn

- ▶ Describe a disagreement you had with a youth or family member.
- ▶ What are they saying to you when they disagree with what is happening ?
- ▶ What do you think when you hear these replies ?
- ▶ What strengths are being expressed ?
- ▶ How could you change your view of the situation ?